

NATIONAL HEALTH CENTER WEEK

August 13-19th
2017



Celebrating America's Health Centers: The Key to Healthier Communities

Join us as we celebrate America's Health Centers during National Health Center Week, August 13-19, 2017. Please visit HealthCenterWeek.org for more information and events in your area.

For more information
call 860.610.6161



Schedule of Events

Saturday, Aug. 12th - Yard Goats Stadium: - 7:00pm

Hartford Yard Goats Game & Employee Appreciation Event

Sunday, Aug 13th – Saturday, Aug 19th - All week

Clothing/Personal Items/Food Drive To Benefit The Cornerstone Foundation,
a homeless shelter for men in Vernon

(Clothing, blankets, rain ponchos, soap, toiletries, hairbrush, toothbrush & paste, etc.)

Monday, Aug 14th - 110 CT Blvd., East Hartford

Health Awareness Day- Cancer Prevention & Education

10am Speaker on Breast Cancer - 2pm Speaker on Colon Cancer

Tuesday, Aug 15th - 110 CT Blvd., East Hartford

Fitness/BMI Screening - Fitness Center- **9:00am - 4:00pm**

(Our Fitness trainer will check your BMI and provide a personal fitness plan—30 minutes intervals)

Low Vision Education – Upstairs Conference Room - **9:00am - 12:00pm**

(Check out Low Vision products available for low-vision patients for FREE with LLV appointment.—30 minute intervals)

Wednesday, Aug 16th - 92 & 110 CT Blvd., East Hartford

Cooking Matters - 110 Upstairs Conference Room - **9:00am to 11:30pm**

(Learn about our Cooking Matters Program and get recipes for low budget meals—10 minute intervals)

Gardening - 92 - Outside Of Building - **12:00pm to 4:00pm**

(Learn how to grow your own garden and make low cost/healthy meals—30 minute intervals)

Pre-natal Health– 92 Large Group Room - **9:00am to 12:00pm**

(Learn how to have a healthy pregnancy — 30 minute intervals)

Wednesday, Aug 16th 100 North Main St., Manchester - 9:00am to 4:00pm

Gardening In Small Containers - Whiton Memorial Library Parking Lot

(Learn how to create a small garden out of a soda/water bottle—30 minute intervals)

Thursday, Aug 17th - 809 Main St., East Hartford - 9:00am to 4:00pm

STD/HIV/LGBTQ+ Education - 809 Parking Lot

(Information booth - stop by to learn about HIV testing, how to have safer sex, and our new LGBTQ+ services)

Dental Education Via Mobile Dental Van - 809 Parking Lot

(Stop by and check out our mobile dental van and schedule an appointment for a Dental Screening)

Friday, Aug. 18th - 809 Main St., East Hartford - 9:00am to 4:00pm

Dental Oral Screenings and Visits - Dental Van - Parking lot

(Available for patients who scheduled an appointment the day before)

Friday, Aug. 18th - 110 CT Blvd., East Hartford- 10:00am to 12:00pm

Behavioral Health – Voices of Recovery – Upstairs Conference Room

(Patients tell their personal stories of recovery from substance abuse —30 minute intervals)

Saturday, Aug 19th - 92 CT Blvd., East Hartford - 11am to 1:00pm

Health Center Advocates and Parents As Teachers (PAT) Ice Cream Social - 92 Parking lot

(A celebration for Employees and Patients who are signed up as Health Center Advocates, and PAT families)